

HAPPY NEW YEAR

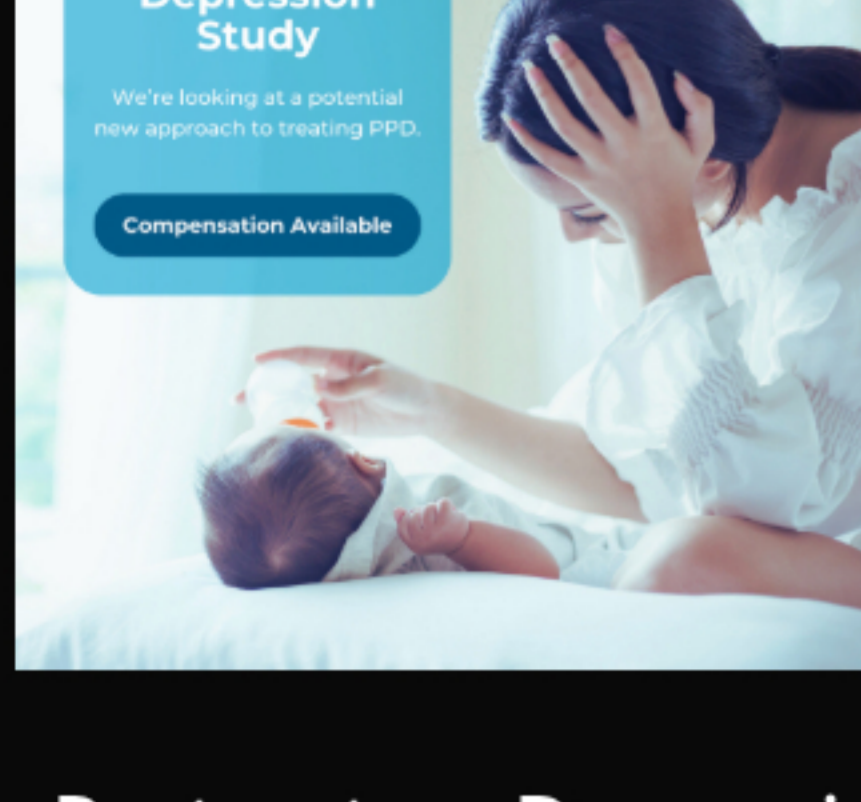
2025

BRAIN MATTERS NEWSLETTER | JANUARY 2025

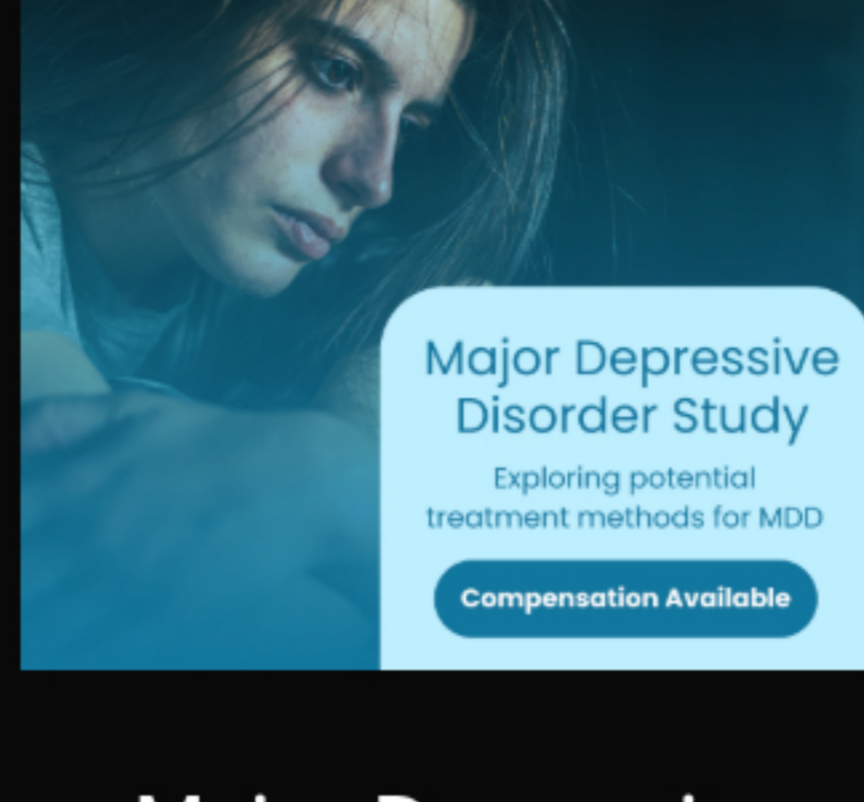
We wish you a very happy and healthy 2025. Along with the joy of the new year, there can sometimes be sadness and sorrow. Research shows that 1 in 12 people experience some form of depressive disorder. Start 2025 with hope by exploring PNI's treatment options and psychedelic clinical trials for depression.

Clinical Trials for Depression

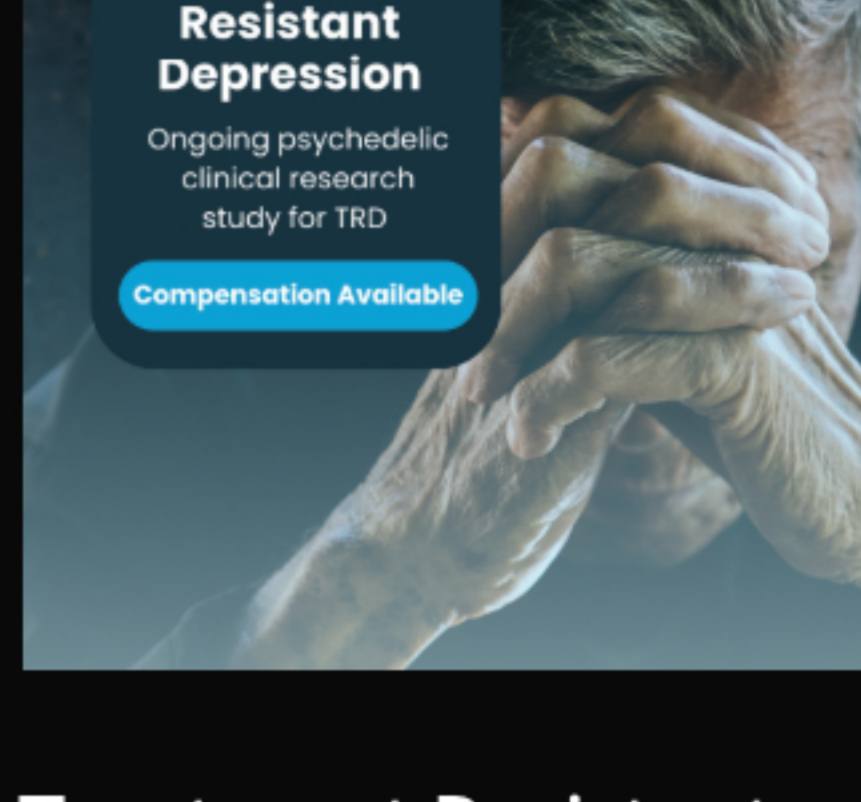
NOW RECRUITING



Postpartum Depression (PPD)



Major Depressive Disorder (MDD)



Treatment Resistant Depression (TRD)

LEARN MORE

★ Spotlight Stories



What's Ketamine Therapy?

Discover how ketamine can treat depression and mental health issues.

Find Out More



Preparing for Longevity

Are you ready for longevity in 2025 and beyond?

Learn More



Tall Tale of Gigantism

A very tall patient visits his expert team. 13 years after a growth hormone secreting pituitary tumor was removed, he is still very grateful to PNI.

Watch Video



Taking on Alzheimer's

Learn how to slow down cognitive decline with lifestyle interventions. [Apple Podcasts](#) | [Spotify](#) | [Simplecast](#) | [Watch on YouTube](#)

Listen Now

🧠 Boost Your Brain Power



The Longevity Course

Tuesdays, 11am - 12pm | Virtual

Interested in living a long, rewarding life? Topics such as eating patterns, supplementation, gut health, exercise, stress and cognitive stimulation are discussed in this life changing course. Your coach: Molly Rapozo, MS, RDN

[Learn More >>](#)



Precision Brain Health Consultations

Pacific Brain Health Center

Worried about losing your edge? Our team offers enhanced access to specialized services to optimize your brain health throughout the lifespan. Join us on a journey to optimal brain health. **Contact us: 310-582-7609**

[Learn more >>](#)

★ Events



Living Better Today Through Movement

Saturday, January 11, 2025, 10am - 12pm | Free | Santa Monica YMCA

Join this fun and interactive event with expert insights on managing neuro-degenerative disease and the critical role of exercise.

Guest speakers: Dr. Melita Petrossian & Ryan Glatt

Sponsor: Ping Pong For Good

Register: info@pingpongforgood.org

[Learn More >>](#)



Facial Nerve Symposium - Attention MDs

Sat & Sun, February 22-23, 2025 | Huntley Hotel & Saint John's Cancer Institute, Santa Monica, CA

Join us at the 2025 Facial Nerve Symposium to learn about the latest advancements in facial nerve research and treatment.

Course Director: Dr. Amit Kochhar

[Learn More & Register! >>](#)



Pacific Rim Symposium

Fri-Sun, Mar 28-30, 2025 | Saint John's Cancer Institute, Santa Monica

Attention MDs! Join us for an intensive hands-on workshop exploring advanced techniques in **endoscopic endonasal and keyhole surgery**.

Sponsor: Pacific Neuroscience Inst & U of Colorado

[Learn More >>](#)

Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire
Playa Vista - Fullerton - Orange - Mission Viejo

VIEW OUR LOCATIONS

PNI has 40 physicians taking care of patients with a wide range of neurological conditions. Request an in-person or virtual video online visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](http://find.a.doctor.at.pacificneuro.org).

Accepting new patients for virtual or office consultations.

