

Love and connection aren't just matters of the heart—they're powered by the brain. From the rush of dopamine in new romance to the deep bonds formed through oxytocin, neuroscience reveals the fascinating chemistry behind our relationships. Discover how your brain shapes love and connection—and how you can optimize it for deeper, more meaningful bonds.

[LEARN MORE](#)

★ Spotlight Stories



Mitigating Migraines with Rose-Tinted Glasses

Do pink glasses help? Discover what Dr. Alex Solomon thinks.

[Find Out More](#)



Is Sitting Increasing Your Risk of Dementia ?

Dr. Verna Porter provides a comprehensive review.

[Learn More](#)



Welcoming Dr. Vivian Wu

Meet Vivian Wu, MD, MPH, our new surgeon-scientist specializing in all cancers of the head and neck.

[Meet Dr. Wu](#)



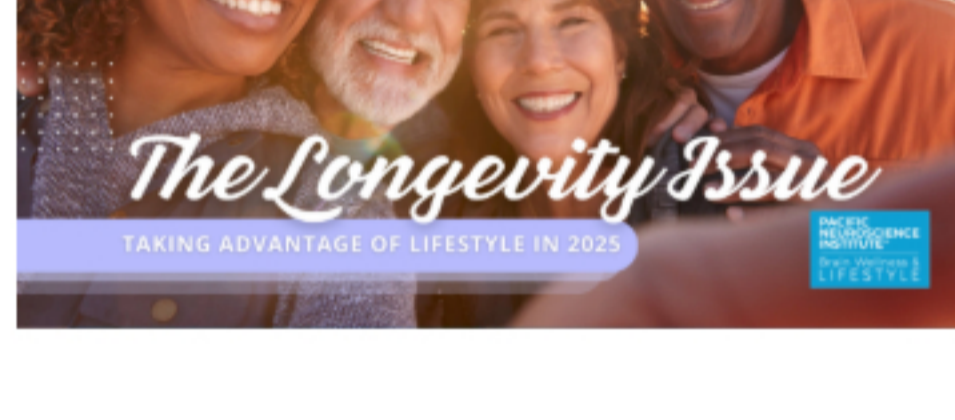
Fixing Facial Paralysis

Using facial reanimation as one of many approaches.

[Apple Podcasts](#) | [Spotify](#) | [Simplecast](#) | [Watch on YouTube](#)

[Listen Now](#)

🧠 Boost Your Brain Power



The Longevity Course

Tuesdays, 11am - 12pm | Virtual | Starting February 18

Interested in living a long, rewarding life? Topics such as eating patterns, supplementation, gut health, exercise, stress and cognitive stimulation are discussed in this life changing course. Your coach: Molly Rapozo, MS, RDN

[Learn More >>](#)



Precision Brain Health Consultations

Pacific Brain Health Center

Worried about losing your edge? Our team offers enhanced access to specialized services to optimize your brain health throughout the lifespan. Join us on a journey to optimal brain health. **Contact us: 310-582-7609**

[Learn more >>](#)



Parkinson's Disease (PD) Cognitive Group

Mondays, 10am - 11am | Virtual | Ongoing

In 4 sessions, PD patients can practice cognitive skills focused on executive functioning, attention, visuospatial abilities, and memory. Key areas: sleep, nutrition, and physical activity. Your coach: Molly Rapozo, MS, RDN

[Learn More >>](#)

★ Events



Join PNI Support Groups

Register for these nurturing and informative groups.

Brain Tumor PATIENTS only:

> [2nd Thursday of the month | 4:30pm to 5:30pm PST](#)

NEW! Brain Tumor CARE PARTNERS only (family and friends of people living with a brain or spinal cord tumor):

> [4th Thursday of the month | 4:30pm to 5:30pm PST](#)

NEW! Pituitary Disorders PATIENTS only:

> [2nd Thursday of the month | 12:15pm to 1pm PST](#)



Parkinson's Revolution LA

Saturday, February 22, 2025 | CycleBar Torrance | Ride 1: 10:45am, Ride 2: 12pm

Join Dr. Natalie Diaz's fundraising team to spin, make a donation, or come out to support. The Movement Begins With You!

[Learn More & Register! >>](#)



Facial Nerve Symposium - Attention MDs

Sat & Sun, February 22-23, 2025 | Huntley Hotel & Saint John's Cancer Institute, Santa Monica, CA

Join us at the 2025 Facial Nerve Symposium to learn about the latest advancements in facial nerve research and treatment.

Course Director: Dr. Amit Kochhar

[Learn More & Register! >>](#)



Pacific Rim Symposium

Fri-Sun, Mar 28-30, 2025 | Saint John's Cancer Institute, Santa Monica

Attention MDs! Join us for an intensive hands-on workshop exploring advanced techniques in **endoscopic endonasal and keyhole surgery**.

Sponsor: Pacific Neuroscience Inst & U of Colorado

[Learn More >>](#)

Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **39 physicians** taking care of patients with a wide range of neurological conditions. Request an in-person or virtual video online visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](#).

Accepting new patients for virtual or office consultations.

