

# WHY ARE WOMEN MORE SUSCEPTIBLE TO ALZHEIMER'S DISEASE?

OCTOBER 2024  
Brain Matters Newsletter  
PACIFIC NEUROSCIENCE INSTITUTE

Alzheimer's disease is a progressive neurological disorder that affects both men and women, but there are some differences in how it affects women.

[LEARN MORE](#)

Enjoy this October Brain Matters newsletter from Pacific Neuroscience Institute®!

## ★ Spotlight Stories



### Tackling Hearing Loss

Discover how cochlear implants help a motorbike-riding priest.

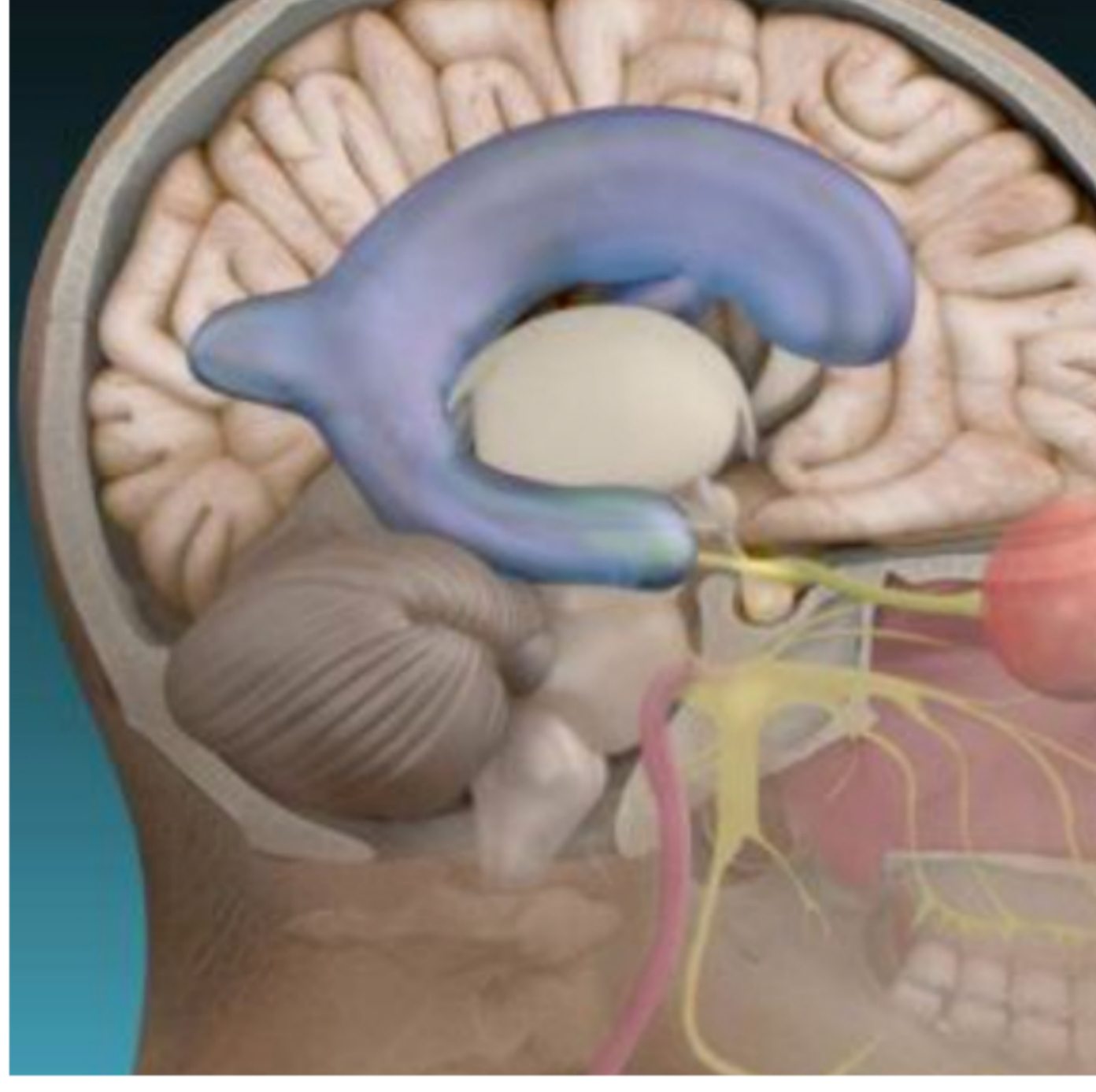
[Find Out More](#)



### Secrets of Longevity

Curious how 'Blue Zones' wisdom leads to a long, healthy, and joyful life?

[Learn More](#)



### Faking Dementia

Normal pressure hydrocephalus (NPH) symptoms can be mistaken for dementia, Alzheimer's or Parkinson's disease with one difference. NPH symptoms are reversible.

[Learn More](#)



### Plump Vocal Cords

Learn how plumping up vocal cords can help patients regain their voice and improve swallowing function. [Apple Podcasts](#) | [Spotify](#) | [Simplecast](#) | [Watch on YouTube](#)

[Listen Now](#)

## 🧠 Boost Your Brain Power



### Precision Brain Health Consultations Pacific Brain Health Center

**Worried about losing your edge?** Our team offers enhanced access to specialized services to optimize your brain health throughout the lifespan. Join us on a journey to optimal brain health. **Contact us: 310-582-7609**

[Learn more >>](#)

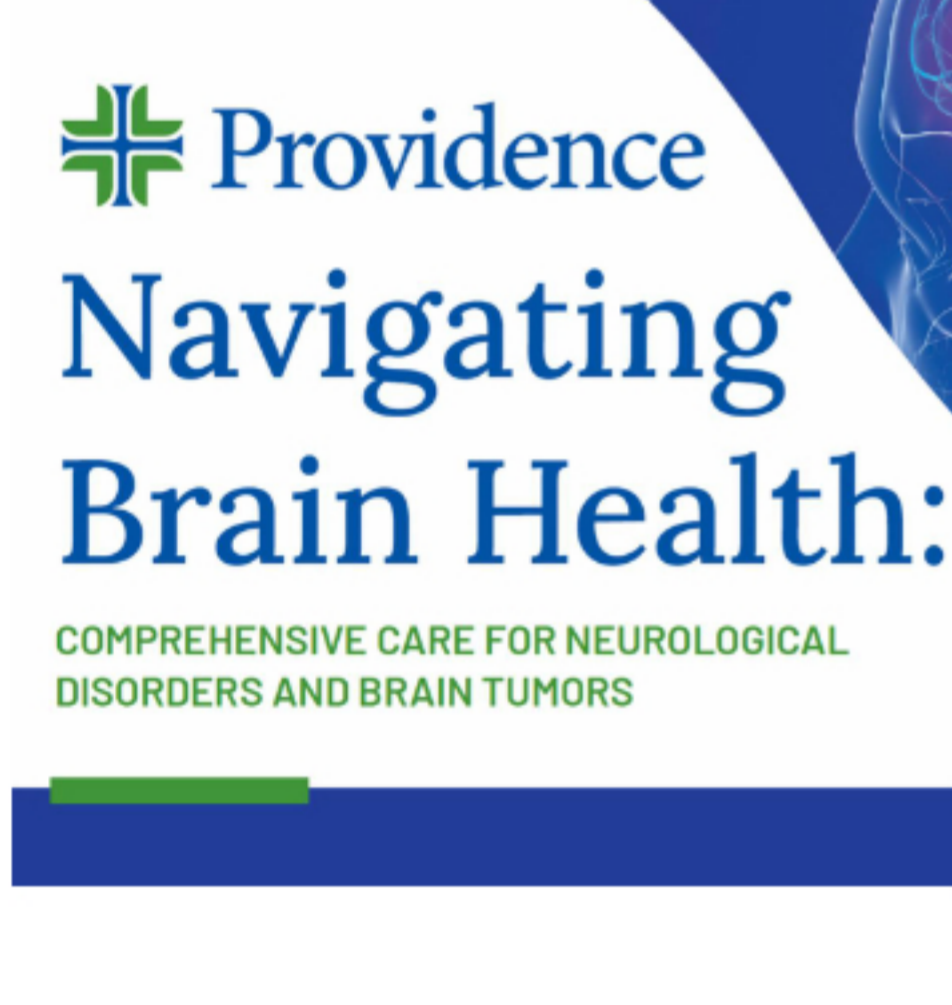


### Brain Book Club in Santa Monica Thursdays, 11am - 12pm | Santa Monica YMCA | Free

Do you wish to keep sharp and connected? Join the BBC! Take advantage of this dynamic and insightful community resource to keep you on top of your brain health! Facilitated by Rick Frieder.

[Learn More >>](#)

## 🍁 Events



### Brain Health & Brain Tumor Patient Lecture Thursday, October 3, 2024, 5:30 - 6:30pm | Virtual | Free

**Take charge of navigating your brain health!** Join us for an expert-led community lecture on holistic treatments for dementia, memory loss, depression and advanced brain tumor therapies.

Moderated by: Dr. Daniel Kelly  
Guest speakers: Drs. David Merrill & Walavan Sivakumar  
Sponsored by: Providence

[Learn More >>](#)



### Acoustic Neuroma Patient Education Event Saturday, October 5, 2024, 7:30am - 4:00pm | Le Méridien Delfina, 530 Pico Boulevard, Santa Monica | Free

**Mark your calendars!** PNI experts will be presenting a comprehensive discussion at a special patient education event in collaboration with the Acoustic Neuroma Association.

[Learn More & Register >>](#)



### Walk to End Alzheimer's | Beach Cities Sunday, October 13, 2024, 9am | Hermosa Beach Pier Plaza, 1001-1009 The Strand, Hermosa Beach | Free

Walk to fight for a future without Alzheimer's for our families, our friends and ourselves. Funds raised further the care, support and research efforts of the Alzheimer's Association. Not in Los Angeles? Register at a local walk.

[Learn More >>](#)

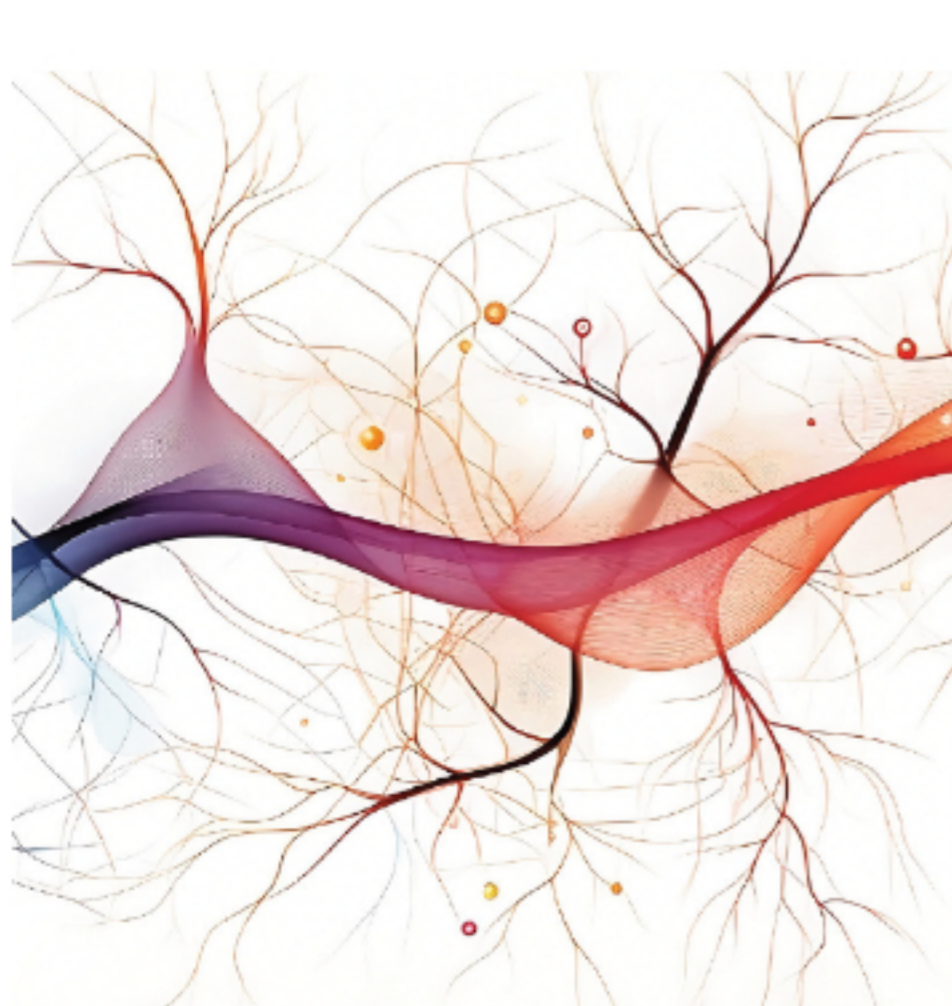


### Brain Tumor 5K Walk & Run Saturday, October 26, 2024, 8am | Tongva Park, Santa Monica, CA 90401

Join Pacific Neuroscience Institute at the American Brain Tumor Association's BT5K this year to show your support for our patients and their families as we work to raise funds to advance brain tumor research.

Team Leader: Emmaline Mauritsen, MPAP, PA-C

[Join our team! >>](#)

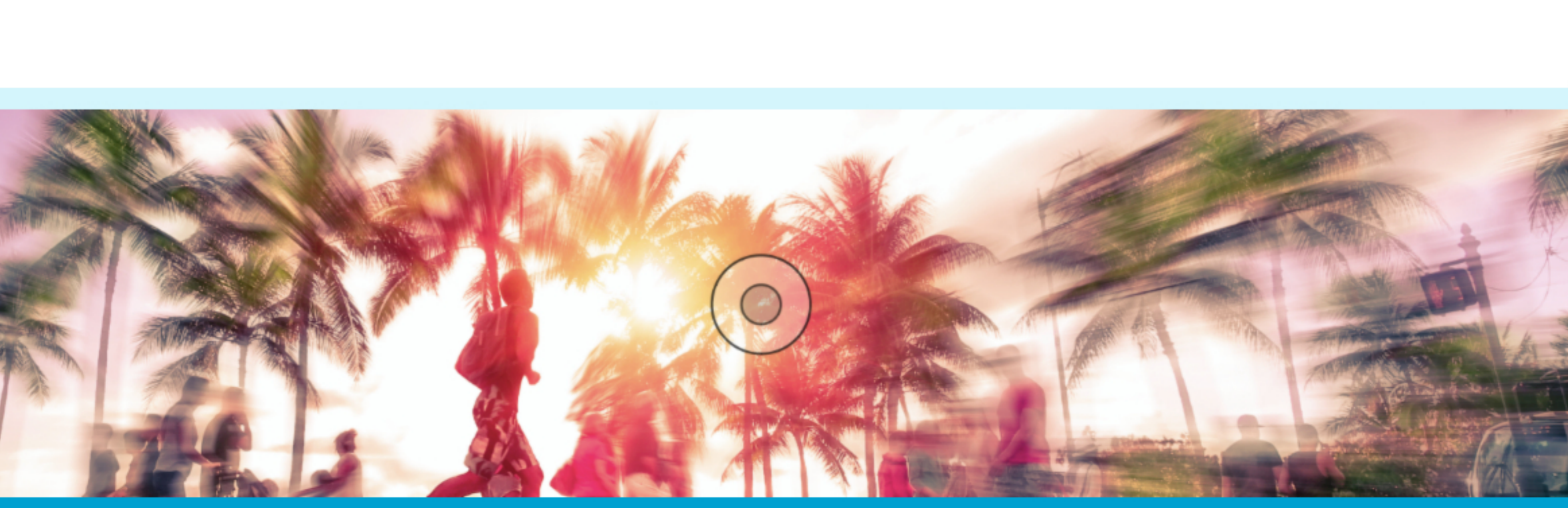


### 15th Neuroscience Nursing Symposium Saturday, Nov 2, 2024, 8am-3:30pm | Santa Monica

Attention Nurses! Create, Imagine, Inspire, Discover. Expert speakers across the neurosciences will be discussing current and relevant topics.

Register and be a part of advancing the neurosciences.

[Learn More >>](#)



## Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire  
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **39 physicians** taking care of patients with a wide range of neurological conditions. Request an in-person or virtual video online visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](#).

Accepting new patients for virtual or office consultations.

